

## Example Menu

MON	TUES	WEDS	THURS
<p>Lamb Casserole Potatoes Leeks Carrots</p> <p>Chocolate Crunch Custard</p>	<p>Fish Parsley Sauce Mashed Potatoes Carrots Cauliflower</p> <p>Blackcurrant Crumble Ice Cream</p>	<p>Sheppard's Pie Broccoli Carrots</p> <p>Pear &amp; Chocolate Sponge Custard</p>	<p>Faggots Mashed Potatoes Peas Carrots</p> <p>Apple Pie Custard</p>
MON	TUES	WEDS	THURS
<p>Beef Stew Dumplings Mashed Potatoes</p> <p>Lemon curd Shortcake Custard</p>	<p>Roast Lamb Roast Pots Potatoes Leeks &amp; Carrots Gravy Mint Sauce</p> <p>Peaches Ice Cream</p>	<p>Liver and Bacon Mashed Pots Broad Beans Cauliflower</p> <p>Choc Crunch Custard</p>	<p>Chicken Pie Mashed Potatoes Carrots Cabbage Gravy</p> <p>Rice Pudding Jam Sauce</p>
MON	TUES	WEDS	THURS
<p>Sausages Mashed Potatoes Cauliflower Cheese Peas</p> <p>Jam Sponge Custard</p>	<p>Steak and Kidney Pie Potatoes Cabbage Carrots Gravy</p> <p>Mousse</p>	<p>Beef Casserole Potatoes Broccoli Carrots</p> <p>Apple Sponge Custard</p>	<p>Gammon Parsley Sauce Potatoes Carrots Broad Beans</p> <p>Lemon Meringue Pie</p>
MON	TUES	WEDS	THURS
<p>Cheese Potatoes Pie Carrots Cauliflower in white Sauce</p> <p>Peaches Custard</p>	<p>Roast Beef Yorkshire Pud Potatoes Roast Potatoes Cabbage Carrots Gravy</p> <p>Trifle</p>	<p>Chicken Fricassee Rice / Potatoes</p> <p>Bread &amp; Butter Pudding Custard</p>	<p>Fish &amp; Chips Peas</p> <p>Pineapple Sponge Custard</p>